



Free Healthy Relationship courses for parents

All relationships have their ups and downs, but if parents are regularly arguing in front of their children, it can have negative and lasting consequences. Help is available for parents who want to communicate in a healthier way. Family Hubs are running courses to support parents who would like to improve the relationship with their partner or ex-partner.

Courses bookable directly via the QR code.

SUMMER TERM 2026

Improve the communication with your partner to support your children
(Arguing Better)

Online via Teams: Tuesday 23th June and Tuesday 30th of June
Midday - 1 pm

Improve the communication with your ex-partner to support your children
(Getting it Right for Children)

Online via Teams: Wednesday 24th June and Wednesday 1st July
Midday - 1 pm

2026 workshop booking form

